GALILEO SCHOOL FOR GIFTED LEARNING

CYBER SAFETY

Digital Resource Guide

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10 INTERNET SAFETY
TIPS FOR PARENTS

1 Don't block all access to technology. Help your child learn to use tech **safely** and **positively**.

2 Take an **interest** in your child's favourite apps or sites. Co-view or co-create at times.

3 Be the parent. You're in charge. Set **boundaries** and consider using filtering software.

4 Create a family media **agreement** with tech free zones such as cars, bedrooms, and meals.

5 Teach your child what **personal information** they should not reveal online (YAPPY acronym).

6 Help your child learn to **filter** information online and navigate fact from fiction.

7 Navigate digital **dilemmas** with your child. Avoid using devices as rewards or punishments.

8 **Balance** green time and screen time at home. Focus on basic developmental needs.

9 Don't support your child to sign up for sites with **age restrictions** (e.g. 13+) if they're underage.

10 **Learn more**: Explore reliable resources for parents so you can educate yourself.

Additional Resources

Websites:

- Common Sense Media - Family Media Agreement
- AAP - Family Media Plan
- Florida Human Trafficking Site
- Here is a full list of websites with active links of all kinds of resources that support child and teen online safety

Books:

- "The Tweeting Gallah"
- Once Upon a Time Online
- Other Book suggestions

Articles:

- How do I keep my children safe online? What the security experts tell their kids
- Great tips for keeping safe online here

Other:

- Here is a graphic you can download and share